"The Knee Extensor Mechanism Stability and Optimal Function"

Speakers:

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PROGRAM OBJECTIVES: "At the completion of this activity, participants should be able to..."

1. Describe interdependency of patellofemoral, tibiofemoral and overall lower limb mechanics
2. Discuss the consequences of:
   - Rotational and Coronal Plane limb alignment
   - Weak proximal lower limb control
   - Trochlear Dysplasia
   - Patella Alta
3. Describe sagittal mechanics of PFJ in cases of:
   - Latrogenic patella infera and infrapatellar contracture
   - Patellar (tuberosity) distalization for treatment of alta
4. Describe anatomical factors in patellar constraint
5. Describe indications, principles and limitations of MPFL reconstruction

The presentational method will be didactic with Q&A period and will be evaluated by each participant using an evaluation form especially designed for this presentation. The activity content is geared toward the Orthopedic Surgeons, but all physician specialties are invited to attend.

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